

Boundaries

Situation Scale. (How to pull your situation apart for reassessment.)

How much do the kids really get from this situation?

1 2 3 4 5 6 7 8 9 10
Little Lots

How much disruption and disquiet does the situation create for the kids?

1 2 3 4 5 6 7 8 9 10
Little Lots

How much does the situation cost you in time and energy?

1 2 3 4 5 6 7 8 9 10
Little Lots

How unsettling is the situation for you?

1 2 3 4 5 6 7 8 9 10
Little Lots

Now, take another look at the value and costs associated with this situation, to make your decision.